



## Bulletin 2

Finnish Ski-O Championships Middle Distance and IOF World Ranking Event (WRE)

*Ski-Orientierung IOF World Rankind Event and Finnish Championchips Middle Distance in Iisalmi 26.2.2022*

### COMPETITION INSTRUCTIONS

#### Rules

Competition rules of the Finnish Orienteering Federation, IOF's guidelines for World Ranking Events, special instructions concerning Finnish Championships in 2022 and instructions given by the organizer shall be followed.

#### Main officials

Event director Ritva Partanen, [info.skio.iisalmi@gmail.com](mailto:info.skio.iisalmi@gmail.com) +358 40 120 2880

Main course setter Lassi Väänänen

Technical Advisor Kari Saastamoinen

Course controller Hannu Heiskanen

IOF Event Advisor Tapani Partanen

Media contact Susanna Kauppinen, +358 44 512 1101.

#### Jury

Head of the Jury: Ossi Lakkala (KuoSu)

Members: Seppo Keltamäki (JoKu) and Päivi Lassila (RasTiimi)

The jury may decide to postpone the start of the competition or to cancel the competition if the temperature is below -20 °C (Rule 7.54). When making this decision, the temperature is measured at the finish area on the height of one meter (Rule 14.72).

Possible effects of cold weather are also assessed in accordance with section 14.73 in the Rules.

#### Guidance to the competition center

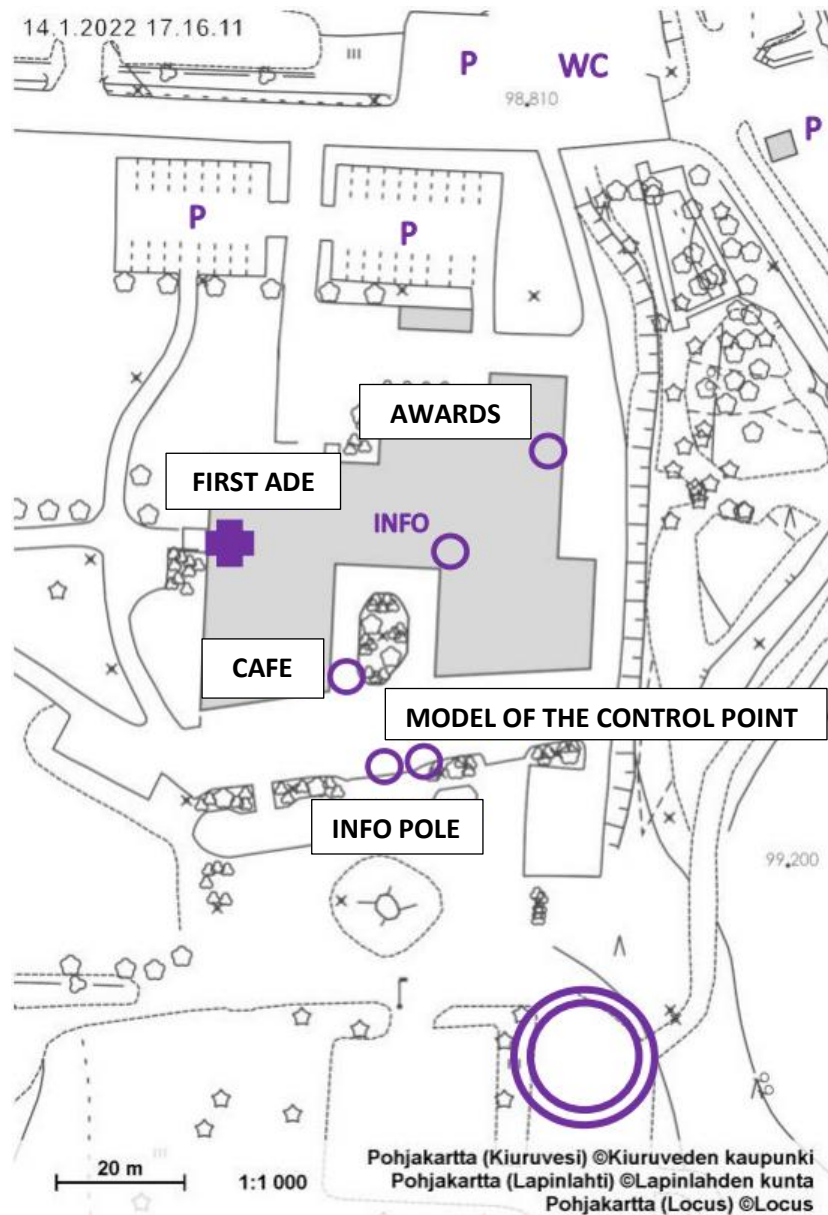
Guidance to the competition center and parking lots are from road 563. Signs are in place on February 26, 2022 at 7:00 am. The competitors must follow the signs.

## Parking

From parking it's about 100 to 800 meters to the competition center. Parking is only allowed at the indicated parking lots.

## Competition center

Competition center is at Kauppis-Heikki elementary school, address Peltosalmentie 11, Iisalmi. Competition center will have following facilities: info, toilets and first aid. There are no dressing rooms. Opportunity to shower is provided at swimming hall of Iisalmi. Because of the contraction work Swimming Hall parking lot is behind the Ice rink, Untamonkatu 7, 74120 Iisalmi.



## Competition terrain

Terrain is mainly open pine forest. The height difference between the highest and lowest point is 30 meters.

There hasn't been arranged any ski-orienteering events in this terrain before.

Crossing the wide roads (brown marking on the map) is only allowed at the dedicated and marked spots which are controlled. Using the wide roads with forbidden area marking on the map will lead to the disqualification. The black road next to the brown road and branching north from it is allowed, but it is sanded.

On the map there is two rare symbols; the 807.000 *Unploughed road* and the 215.00 *Trench* (shallow trench).



Example of sanded road



Example of unploughed road



Example of shallow trench

## Tracks

Road, eligible for skiing – 0.8 km (black road symbol)

Snowcat track (> 3m) – 10 km (thick green line)

Narrow skate track (width over 1.5 m) – 8 km (thin green line)

Snowmobile track (width 0.8 m to 1.2 m) – 27 km (green dashed line)

Weak track (skied or weak) – 0.2 km (green dotted line)

## Competition office/ info

Competition office is located inside the school building. Office / info will be open from 8:00 am to 4:00 pm.

The school is the so-called sock school, so when visiting the competition office, the shoes must be taken off or the shoe covers provided by the organizers must be used. It is recommended to use a debit card payment in the info.

## Competition numbers

Numbers for middle distance on Saturday will be handed out from competition info.

Numbers has to attached visible on **left** thigh. t's not allowed to fold the number. For attaching the number competitors must have their own pins.

## Map

Scale 1:10 000, 5 metres contour interval. Printed 2/2022. The size of the map is A4. Model maps are visible at the start. Competition maps will be collected at the finish. Maps will be returned after relay on Sunday.

If you want that your map will be send to you, you must fill in an envelope with your address at the competition office. Behind the envelope you must notify which class number the posted map(s) there should be. Service fee is 5 €/ envelope (max. 4 maps / envelope).

## EmiTag -competition cards

EmiTag-punching system is used at the competition. Rental EmiTags (5 € per EmiTag) shall be picked from the competition office on Saturday from 8 am. Rental EmiTags must be returned to the competition office. Unreturned EmiTag will be charged for 100€.

The competitor is responsible for the functioning of the competition card.

Model of the control point is located near by the info pole. There you can confirm functioning of the competition card.

The organizers do not check the number of the EmiTag at the start. If the competitor uses any other EmiTag than which he or she has registered to the organizer or which organizer has provided to him or her, it will lead to the disqualification. Remember to confirm that you are competing with correct EmiTag, rentals also!

Competitor can have two EmiTag during the competition, but main EmiTag must be registered to the organizer.

If you want to change the EmiTag number, it can be done at the competition office for 5 € fee.

## Control points and punching

Control flags are on the poles right next to the tracks. Codes are marked on the top of pole facing towards the track. EmiTag units are located above the CP flags. EmiTag will register punching from about ½ meter away, after what competition card will flash for about 10 seconds to confirm punching. EmiTag CP-unit must not be pushed or hitted in any way.

At the last control point there are two EmiTags units. You can use both of them.

Take your time to make sure that your punching registers on every CP. Missing punch leads to disqualification.

It's forbidden to follow the race near by the finish line with EmiTag to avoid any interference for result service.

## Start

It's about 1600 meters to the start from the competition center. Guided path to the Start starts from the info pole. Transition is made by foot and last part can be skied. Ski track which leads to Start is a warm up track.

## Start procedure is following

4 minutes to the start Competitor is called to the start

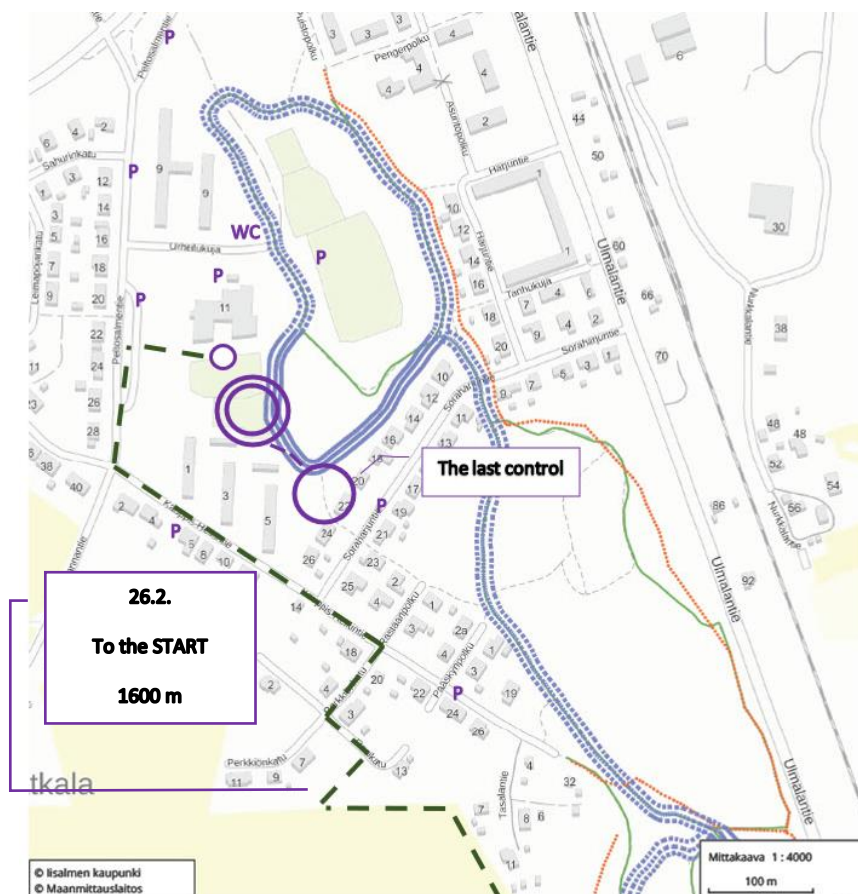
3 minutes to the start EmiTag clearance

2 minutes to the start Model map is visible

1 minute to the start Competitor will move to his / her map

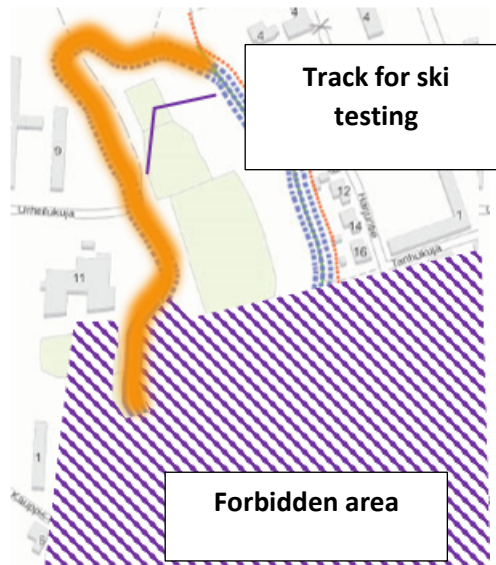
15 seconds to the start by the command "KARTAT" competitor can take his/ her own map

Start signal is given by the start clock.



## Warmup areas

There are two warmup areas. There is short track on the east side of the school and warmup area at the start on Saturday



## Refreshment and First Aid Points and a deposit for spare equipment in the terrain

There is no refreshment or first aid points in competition area.

At the competition center there is a first aid group in alert to retrieve hurt competitor from the competition area with snowmobile and sledge.

Competitors deliver the equipment to the equipment point next to the info pole on a lightweight cover. Transportation leaves at 11:30 am and equipment is returned to the same location at 2:00 pm.



On the map symbol 715.000 *Equipment deposit*

## Finish

Finish is located at the southeast side of the school. Finish line is marked on the snow.

At EmiTag check-out you must wait for your turn to enter the check-out point only one competitor at the time.

There is a fence around the finish area and competitors should not enter that area any in other case than when entering the finish. When competitor has left the EmiTag check-out, competitor mustn't return to the area with the EmiTag competition card.

Finish will be closed at 4:00 pm on Saturday.

## Drop-outs

Drop-outs should go through the finish. If it's not possible they must somehow register themselves to the result service and leave their competition map at the same time.

## Ski waxing and ban on fluorinated waxing products

There is no separate area for ski waxing.

There are two current European Union regulations, (EC) No. 1907/2006 (“REACH”) and (EU) 2019/1021 (“POP regulation”), which state that it is forbidden to produce, sell and use products (ski-waxes) containing PFOA (also termed C8 products). In line with similar decisions by FIS and the IBU, the IOF has decided to declare that the use of PFOA/C8 products is forbidden at IOF events, including World Ranking Events. This means that all PFOA/C8 products are banned while so-called C6 products are still allowed for the season 2021/2022. Due to the fact that immediate and cost-effective testing methods, which are under development, are not yet in place, the IOF will be requiring athletes and teams participating at IOF events to make a declaration of conformity to the new regulations. The IOF will have the right to inspect waxing products used, and to conduct laboratory testing if necessary. A signed declaration is mandatory for participation/accreditation at any IOF event.

Participants in World Ranking classes will have to give declaration that they understand and agree to the prohibition of C8 waxing products. Without a signed declaration, start is not allowed. Signing will be done at Competition office/Info.

## Dressing, showers and toilets

There are no dressing rooms. Opportunity to shower is provided at swimming hall of Iisalmi by showing competition number. Because of the contraction work Swimming Hall parking lot is behind the Ice rink, Untamontkatu 7, 74120 Iisalmi.

First aid and Anti-doping facilities First aid and Anti-doping facilities are located at inside the school. There will be a first aid group at the competition center all the time. There is an alert in case there is need to evacuate somebody from the competition area with snowmobile and sledge.

## Results

During the race online results will be live. Links for the online results can be found from events webpage: <https://www.iisalmenvisa.com/fi/suunnistus/hiihtosuunnistuksen-sm-keskimatka-ja--viesti-2022/>

## Distances by class

	Distance (km) directly	Distance (km) by shortest option
H21	10,30	13,39
D21	8,04	10,45

## Awards

Award ceremonies will not be held. Awards are given from the awards office.



Welcome to Iisalmi!

Iisalmen Visa ry