

AIKATAULU

SAUL, SM-VIESTIT 2024

Lauantai 27.7.2024

Sankariniemen Stadion, Iisalmi

Klo	Sarja/ tapahtuma	Matka	Joukueiden lkm
10:15	IISALMEN VISA 120v., TERVETULOA		
10:30	M30, M35, M40,M45	4x100m	6
10:40	M50, M55	4x100m	6
10:50	M60, M65	4x100m	6
11:00	M70, M80	4x100m	5
11:10	M75	4x100m	5
11:20	N30,N35	4x100m	6
11:30	N40, N45	4x100m	6
11:40	N50, N55, N60, N65, N70	4x100m	7
11:50	KISOJEN AVAJAISET		
12:05	M30,M35, M40	1000m	7
12:15	M45, M50	1000m	6
12:25	M55, M60	1000m	6
12:35	M65, M70	1000m	7
12:45	M75, M80	1000m	7
13:00	N30, N35	1000m	8
13:10	N40, N45	1000m	7
13:20	N50, N55, N65, N70	1000m	5
13:35	M30, M35, M40,	4x400m	7
13:45	M45, M50, M55	4x400m	8
13:55	M60, M65, M70	4x400m	8
14:10	M70	3x400m	5
14:20	M75, M80	3x400m	4
14:35	N30, N35	3x400m	6
14:45	N40	3x400m	7
14:55	N45, N50	3x400m	6

15:05	N60, N65, N70	3x400m	5
15:20	M70, M75, M80	3x800m	7
15:35	N30, N40	3x800m	9
15:50	N35, N45, N50, N55, N60, N70	3x800m	6
16:10	M30, M35, M40, M50	4x1500m	10
16:45	M45, M55, M60, M65	4x1500m	6